

Chapter 7

Resources

Who To Call?

Knowing whom to call when
you have problem helps
to keep a difficulty from seeming
like, or evolving into a catastrophe.



Who To Call?

88th Regional Support Command

Should you need assistance, the 88th Regional Support Command is ready to help. If you are unable to solve your problem using your unit Chain of Concern, call the 88th RSC Family Readiness Helpline at 1-800-THE-ARMY, 1-HELP-1. The 88th RSC may be able to help with:

- I.D. cards
- DEERS enrollment
- Referrals for legal assistance
- Referrals to chaplain
- Problems with pay
- Other assistance

Army Community Service Centers

You may also seek assistance from any active duty military installation's Family Center. Services include:

- Family Readiness Education
- Separation Support
- Crisis Assistance
- Information and Referrals
- Family Life Education
- Financial Counseling
- Volunteer Program
- Relocation Assistance
- Transition Assistance

Army Army Community Service Centers

Air Force Family Support Centers

Navy and Marine Corps....Family Service Centers

American Red Cross

- **Communications.** The Red Cross stands by to help you, around the clock and around the world. For details on how to send a message through the Red Cross look to Chapter 5. With its worldwide network, the Red Cross will rapidly

transmit verified information to help clarify misunderstanding, re-establish broken communications, or support requests for Emergency Leave. Always contact your unit before contacting the Red Cross, if possible.

- **Army Emergency Relief.** The American Red Cross manages the Army Emergency Relief program. You may qualify for funds for food, clothing, shelter, and transportation to see you through an unanticipated financial emergency. These funds can be provided as either an unsecured, non-interest-bearing loan or as a grant, which does not require repayment. Contact your local chapter.

Know Your Local Community Resources

Your most important assets are in your own community. Make sure all-important phone numbers are listed for easy access. Use your Family Checklist and Records of Personal Affairs for pertinent information and numbers for quick reference.

Chaplain

A chaplain is available for:

- Pastoral counseling
- Marital and family counseling and referrals
- Coping with the deployment
- Crisis intervention
- Adapting to the changes that result from the deployment

Legal Assistance

Contact your unit's Point of Contact for referral to a legal officer. They will be available for:

- Powers of Attorney
- Wills
- Other legal issues

